

Therapeutic Recreation

September-December 2023

Adult Outings (Ages 18+)

Cruisin' Around Town

Thursdays, 10 am-1:30 pm

- Nauticus \$20 **September 10**
(Register by August 31)
- Virginia Beach Farmers' Market \$10 **October 5**
(Register by September 28)
- Bee and the Biscuit \$10 **November 9**
(Register by November 2)
- Holiday Shopping \$10 **December 7**
(Register by November 30)

Weekly Programs

Stretch and Decompress

Ages 18+

September 13-November 15

Wednesdays 3:00-3:50 pm

Cost: \$15

Register by: September 6

Location: Indian River Community Center

Instructional Bowling

Ages 18+

September 14-November 16

Thursdays 2:30-4:00 pm

Cost: \$15

Register by: September 7

Location: Bowlero

Social Groups (Ages 18+)

C.R.E.W Club Outings

Mondays, 5:30-7:30 pm

- Dinner at Kyoto \$10 **September 25**
(Register by September 18)
- Pumpkin Patch \$10 **October 30**
(Register by October 23)
- Cinema Café \$10 **November 13**
(Register by November 6)
- Holiday Lights Tour \$10 **December 18**
(Register by December 11)

C.R.E.W Club Indian River Community Center

Mondays 5:30-7:00pm

- Trivia Night \$10 **September 18**
(Register by September 11)
- Karaoke Night \$10 **October 16**
(Register by October 9)
- Friendsgiving Meal \$15 **November 6**
(Register by October 30)
- Holiday Party \$15 **December 4**
(Register by November 27)

Special Events

Adaptive Water Sports Oak Grove Lake Park

Ages 6+

September 16

9:00 am-3:00 pm

\$5

Register by May 26

Monster Mash

Ages 16+

October 28

Great Bridge Community Center

5:00-7:00 pm

\$10

Register by April 22

Register for any activity at any City of Chesapeake Community Center, online at CityofChesapeake.net/Register, or at the Parks, Recreation and Tourism Administrative Office
1224 Progressive Drive, Chesapeake, VA 23320
Any questions, please call 757-382-1328

Therapeutic Recreation 2023 Holiday Programs

TR-Ornament Making (AGES 16+)

Add to the season of fun by putting some extra flair to your array of decorations. We will make ornaments to hang on your tree OR to use as added decoration!

Great Bridge Community Center (212 Holt Drive)

Tuesday, 10:00am-12:00pm, \$15

6374-60 November 28

(Register by November 21)

TR-Holiday Gift Making (AGES 16+)

Make a special gift for that special friend/family member in your life!

Great Bridge Community Center (212 Holt Drive)

Wednesday, 10:00am-12:00pm, \$20

6374-61 December 13

(Register by December 6)



parks, Recreation and Tourism Holiday Programs

These events are FREE and open to the public!

Holiday Craft Show November 18 and 19

Location: Chesapeake Conference Center

FaLaLa Land December 9 and 16

Location: In front of City Hall

Holiday Brass December 14

Location: Chesapeake Conference Center

