

Serves community. Individual/family activities for people of all ages from pre-school to senior citizens. Programs include swimming, aerobics, gymnastics, after-school programs, and day camps. Offers programs including youth counseling, latchkey, delinquency prevention, job training, fitness instruction, and recreation for youth and special populations. There is a membership fee to join.

Recreation for youth and special population. There is a membership fee to join.

#### **Youth Crisis Network**

117 W. 21<sup>st</sup> Street Suite 203

Norfolk, VA 23517

Phone: 623-0437

Phone: 623-2627 (Crisis Line)

Fax: 623-0141

Website: [www.youthcrisisnetwork.org](http://www.youthcrisisnetwork.org)

Serves runaways and families of runaways. A coordinated partnership providing 24 hour crisis intervention to youth and families. Includes crisis services to runaway youth, parent education, and conflict mediation. Free and confidential.

#### **Youth Entertainment Studios, Inc.**

2130 Stalham Road

Chesapeake, VA 23325

Phone: 545-8766

Fax: 545-8799

Hours are 9:00am-5:00pm, Monday-Friday. Provides services to empower inner-city youth to become leaders of character vision and action in their communities by challenging their creativity and equipping them with practical, confidence-building media

production and marketing skills. After school clubs and summer program are also offered.

#### **Youth Facing Family Health Crisis**

C/o Lee's Friends

618 Stockley Gardens

Norfolk, VA 23507

Phone: 625-3115

Fax: 640-1213

Website: [www.leesfriends.org](http://www.leesfriends.org)

Hours are 9:30am-2:00pm, Monday-Friday. Provides transportation and emotional support for cancer patients and their families.

### **Pediatric Therapy**

#### **CHKD Therapy**

601 Children's Lane

Norfolk, VA 23507

Phone: 668-7083

Website: [www.chkd.org](http://www.chkd.org)

Hours are 7:30am-5:00pm, Monday-Friday. Offers physical therapy, occupational therapy and speech therapy.

#### **Diane Epplein Associates**

818 Newtown Road

Virginia Beach, VA 23462

Phone: 473-8016

Hours are 8:00am-6:00pm, Monday-Thursday, 8:00am-1:00pm, Friday. Offers physical therapy, occupational therapy and speech therapy (pediatric only).

#### **Portsmouth Pediatric PT**

5717 Churchland Blvd

Portsmouth, VA 23703

Phone: 484-5755

Fax: 686-8902

Hours are 8:00am-5:30pm, Monday-Friday. Offers physical therapy only.

**Rehabilitation Associates**

4560 South Blvd.  
Virginia Beach, VA 23452  
Phone: 490-3223  
Website:  
[www.rehabilitationassociates.com](http://www.rehabilitationassociates.com)

Hours are Monday –Thursday 8:00 a.m. to 6:00 p.m. and Friday 8:00 a.m. to 4:00 p.m. Offers physical therapy, occupational therapy and speech therapy.

**Southeastern Physical Therapy**

5301 Providence Road  
Virginia Beach, VA 23464  
Phone: 467-4604

Hours are 8:00am-7:00pm, Monday-Thursday, 8:00am-4:00pm, Friday, 8:00am-11:00am, Saturday. Offers physical therapy and occupational therapy.

**Tidewater Therapy for Children, PC**

4016 Raintree Road Suite 240  
Chesapeake, VA 23321  
Phone: 448-2864  
Fax: 488-4735

Hours are 8:00am-6:00pm, Monday-Thursday, and 8:00am-3:00pm, Friday. Offers occupational, speech and physical therapy.

**CHURCH BASED SERVICES**

**Bethany Christian Services**

287 Independence Blvd, Suite 241

Virginia Beach, VA 23462-2956  
Phone: 499-9367  
Fax: 518-8356

Hours are 8:00am-5:00pm, Monday-Friday. Provides pregnancy counseling (long and short term) to women, men and families; complete adoption services to birthparents and to couples seeking to adopt. Foster care for infants; referral services for medical care, baby clothes and supplies (minimal); post adoption counseling to birthparents, educational presentations and audio-visuals on adoption, pregnancy and abstinence.

**Catholic Charities of Eastern Virginia**

Website: [www.cceva.org](http://www.cceva.org)

Chesapeake Care Center

3804 Poplar Hill Road Suite A  
Chesapeake, VA 23321  
Phone: 484-0703  
Fax: 484-1096

Newport News Care Center

12829 Jefferson Avenue, Suite 101  
Newport News, VA 23608  
Phone: 875-0060  
Fax: 877-7783

Norfolk Care Center

1301 Colonial Avenue  
Norfolk, VA 23517  
Phone: 625-2568  
Fax: 625-5684

Virginia Beach Care Center

4855 Princess Anne Road  
Virginia Beach, VA 23462  
Phone: 467-7707  
Fax: 495-3206

Services include counseling, child welfare, family life enrichment, community outreach, school assistance