

**Seton House**

642 N. Lynnhaven Road  
Virginia Beach, VA 23452  
Phone: 498-HELP  
Fax: 340-5768

Serves males and females ages 13-17. 24 hour service. This crisis intervention facility provides crisis counseling and referral services to female and male runaways. Offers a 14 day emergency shelter and fosters family reconciliation. Parent's permission required to be free of contagious diseases and drug dependency.

**Sheriff's Offices**

Chesapeake  
Phone: 382-6159

Norfolk  
Phone: 664-4700

Portsmouth  
Phone: 393-8210

Suffolk  
Phone: 539-5119

Virginia Beach  
Phone: 427-4555

**Tidewater Emergency Medical Services Council, Inc.**  
855 West Brambleton Avenue Suite 203  
Norfolk, VA 23510  
Phone: 446-5179  
Fax: 4465906  
Website: [www.tidewaterems.org](http://www.tidewaterems.org)  
Email: [tidewater@vaems.org](mailto:tidewater@vaems.org)

Provides emergency response and facilitates regional cooperation, planning and implementation of an integrated

emergency medical services delivery system.

**Virginia Poison Control**  
Medical College of Virginia  
Richmond, VA 23298  
Phone: 1-800-222-1222  
Fax: (804) 828-5291

Serves all ages. 24 hour services, Monday-Sunday. Provides poison control information emergency medical care, health speaker's bureau, printed materials and films.

**EMPLOYMENT**

**AFL-CIO Greater Tidewater Central Labor Council**  
5307 Virginia Beach Blvd  
Norfolk, VA 23502  
Phone: 461-1240  
Fax 461-1283

Hours are 8:00am-12:00pm, Monday-Friday. Provides a special interest organization which is the governing body for organized labor unions in the area served.

**American Association of Retired Persons/Senior Community Service Employment Program (AARP-SCSEP)**  
201 Granby Street, Suite 314  
Norfolk, VA 23510  
Phone: 625-7001

Serves Senior citizens. Hours are 8:30am-4:30pm, Monday-Friday. Provides temporary part-time employment to persons 55 and over who meet our income guidelines. Enrollees receive on-the-job training, upgrading of marketable skills and assistance in

finding permanent full or part-time positions outside the program.

### **Career Start Program**

P.O. Box 2454  
Norfolk, VA 23501  
Phone: 625-0516

Provides low-income women with job support programs for growth and career development.

### **Employment**

Child Labor Laws

Youths under 18 years of age seeking employment are subject to regulations set by the Virginia Department of Labor and Industry concerning minimum legal ages for certain occupations and employer safety requirements. Persons under the age of 16 must obtain a work permit. Applications and information on these regulations are available at school guidance offices, the Virginia Employment Commission and Chesapeake Public Health. If a person has not been seen at Public Health, it will take 6-8 weeks to get an appointment for a new patient. Must bring proof of income. Sliding fee schedule for all services. Everyone, regardless of age, must have a Social Security card before being employed. You can get a Social Security card application by calling the Social Security Administration, 441-3401. After you apply for a card, it will take 6-8 weeks before you actually receive it, so you need to apply about two months before you plan to start working.

### **Goodwill Industries of Hampton Roads, Inc**

Website: [www.goodwillhr.org](http://www.goodwillhr.org)

900 Tidewater Drive  
Norfolk, VA 23504  
Phone: 627-7733

5565 Virginia Beach Blvd.  
Virginia Beach, VA 23462  
Phone: 248-9405  
Fax: 248-9416

Serves community. Store hours are 9:00am-6:00pm, Monday-Saturday, and 12:00pm-6:00pm, Sundays. Business hours are 9:00am-5:00pm, Monday-Friday. Provides training and employment opportunities for disadvantaged people and persons with disabilities in the Tidewater area.

### **IAM Cares**

Norfolk, VA  
Phone: 461-0848

Provides job placement and career services to persons with disabilities.

### **International Union of Operating Engineers Local No. 147**

3 Koger Executive Center, Suite 108  
Norfolk, VA 23502  
Phone: 461-4505

Hours are 8:00am-5:00pm, Monday-Friday. Organization is a union offering a four year apprenticeship program with 6,000 hours of on the job training to teach young people how to operate heavy equipment in working with engineers.

### **Ironworkers Local Union 79**

5307 E. Virginia Beach Blvd  
Norfolk, VA 23502  
Phone: 461-7979

Hours are 8:00am-5:00pm, Monday-Friday. This is a union of international association of bridge, structural and

ornamental iron workers who sponsor apprenticeship programs in ironworking, serving residents of one year from Eastern Virginia and North Carolina.

**Job Accommodation Network**

West Virginia University  
P. O. Box 6080  
Morgantown, WV 26506-6080  
Phone: 1-800-526-7234  
Fax: (304) 293-5407  
Website: [www.jan.wvu.edu](http://www.jan.wvu.edu)  
Email: [jan@jan.wvu.edu](mailto:jan@jan.wvu.edu)

Serves employers of disabled employees. Hours are 8:00am-8:00pm, Monday-Thursday and 8:00am-7:00pm, Friday. A service to help companies adapt jobs for the handicapped. Provides referral to individuals, primarily to employers, offers strategies, devices and aids for disabled employees.

**Job Zone**

Circle Office Building, Suite 223  
861 Glenrock Road  
Norfolk, VA 23502  
Phone: 461-3945  
461-7537 (Certification Unit)  
Fax: 455-8413  
Website: [www.jobzone.org](http://www.jobzone.org)

**Jobs 4 Us, Inc.**

Chesapeake, VA  
Phone: 502-0330

Provides job training program for individuals with learning disabilities, physical, mental, hearing or visual impairments.

**Joint Apprenticeship and Training**

Tidewater Electrical Industry  
1500 E. Little Creek Road, Suite 307  
Norfolk, VA 23518  
Phone: 480-2812

Fax: 480-2813

Hours are 8:30am-5:00pm, Monday-Friday. Organization is a state sponsored apprenticeship program in the electrical industry.

**Louise W. Eggleston Center**

1161 Ingleside Road  
Norfolk, VA 23502  
Phone: 625-2311  
Fax: 627-4760

Serves clients with learning disabilities. Hours are 8:00am-4:30pm, Monday-Friday. Provides pre-vocational and vocational training for persons with learning disabilities, physical impairments and mental retardation.

**Norshipco Shipbuilding**

P. O. Box 2100  
Norfolk, VA 23501  
Phone: 494-4700

Hours are 7:30am-4:00pm, Monday-Friday. This company offers the opportunity to learn the shipyard trades through an apprenticeship program which provides three years on the job training as well as classroom training.

Serves adults 18 and over. Hours are 8:30am-7:00pm, Monday. 8:30am-4:00pm, Tuesday-Friday. Provides classroom and on-the-job training.

**Skill Training Employment Placement  
Upward Progress (STEP UP, Inc.)**

7510 Granby Street, Suite 203  
Norfolk, VA 23505  
Phone: 588-3151  
Fax: 587-4507  
Website: [www.stepupincorporated.com](http://www.stepupincorporated.com)

Hours are 8:30 a.m. – 4:30 p.m., Monday- Friday. Provides services to

work with a variety of individuals whose major concern is to obtain employment. Referral is made for skill training, GED, and other special services such as housing, food stamps, etc. The program is designed to aid the offender, the ex-offender, the youth, women receiving aid to dependent children, senior citizens in their job search, and displaced homemakers and single parents.

**Tidewater Occupational Center  
(TOC)**

4165 Pruden Blvd  
P. O. Box 1568  
Suffolk, VA 23439-1568  
Phone: 539-9976  
Fax: 925-0543

Serves ages 16 and up. Hours are 8:00am-4:30pm, Monday-Friday. Provides long-term sheltered employment for handicapped adults.

**U. S. Equal Employment Opportunity  
Commission**

200 Granby Street  
7<sup>th</sup> Floor, Suite 739  
Norfolk, VA 23510  
Phone: 441-3470  
1-800-669-4000  
(804) 441-6720

Hours are 8:30am-5:00pm, Monday-Friday. Agency receives and investigates employment discrimination charges against private employers, state and local governments and enforces Title VII of the Civil Rights Act of 1964. The Age Discrimination in Employment Act of 1967, the Equal Pay Act of 1963 and the American's with Disabilities Act of 1990.

**Unemployment Compensation  
Virginia Employment Commission**

5145 E. Virginia Beach Blvd  
Norfolk, VA 23502  
Phone: 455-3960

Unemployment compensation is temporary money paid to persons who are out of work through no fault of their own. Usually anyone who has worked 30 days for the same employer without interruption is eligible for benefits. You can apply for benefits at the Virginia Employment Commission. Weekly benefits range from \$65-\$208. Checks are issued every two weeks. You must prove that you are actively looking for work to continue receiving a check.

**Virginia Employment Commission**

504 Cedar Road  
Chesapeake, VA 23320  
Phone: 547-9717  
Fax: 547-9727  
Website: [www.vec.state.va.us](http://www.vec.state.va.us)

Serves ages 16 and up. Hours are 8:15-4:30pm, Monday-Friday. Registers new applicants 8:30am-4:30pm only. Offers job placement and referral, pre-job guidance, information and operates unemployment payment program.

**Virginia Worker's Compensation  
Commission**

1000 DMV Drive  
Richmond, VA 23220  
Phone: 1-877-664-2566  
Fax: (804) 367-9740  
Website: [www.vc.state.va.us](http://www.vc.state.va.us)

17 Koger Executive Center, Suite 106  
Norfolk, VA 23502  
Phone: 455-3825

Hours are 8:15am-5:00pm, Monday-Friday. Agency is a non-general fund,

maintained by tax on insurance companies and self-insured employers.

### **Women Work**

The National Network for Women's Employment

1625 K Street, NW, Suite 300

Washington, DC 20006

Phone: (202) 467-6346

1-800-235-2732

Fax: (202) 467-5366

Website: [www.womenwork.org](http://www.womenwork.org)

Provides a list of federally funded programs in all 50 states to help homemakers re-enter the work force.

## **GROUP HOMES**

### **Lydia's House**

9410 Sturgis Street

Norfolk, VA 23518

Phone: 685-5150

Fax: 588-5002

A residential group home for ages 12 – 17 years. Transitional services for youth coming out of the juvenile system are offered. Must be approved by the state.

### **Tidewater Regional Group Home Commission**

Website: [www.trghc.org](http://www.trghc.org)

### **Group Homes**

#### Centerville Group Home

916 S. Centerville Turnpike

Chesapeake, VA 23320

Phone: 482-4744

Fax: 546-0851

#### Chesapeake Boys Home

920 Minuteman Road

Chesapeake, VA 23323

Phone: 485-5720

Fax: 558-9989

Website: [www.trghc.org](http://www.trghc.org)

Serves males ages 13 to 17 years.

Hours are 9:00am-5:00pm., Monday-Friday.

Services rendered 24 hours, seven days per week. Provides a residential living environment for boys referred by the Juvenile and Domestic Relations Court. Emphasis of the program is on family therapy and reintegration of the residents into his family, school and community.

#### Crisis Intervention Home

811 13<sup>th</sup> Street

Virginia Beach, VA 23451

Phone: 422-4521

Fax: 422-4775

#### Salem House

2293 Lynnhaven Parkway

Virginia Beach, VA 23456

Phone: 471-0140

Fax: 471-0141

#### West Haven Crisis Center, The

3515 Race Street

Portsmouth, VA 23707

Phone: 397-5371

Fax: 397-5371

Hours are 8:00am-5:00pm, Monday-Friday. Agency is the administrative office for the six (6) juvenile group homes. Agency provides a non-residential outdoor treatment program in Tidewater and a family group home system. Referrals to homes either through the courts or Social Services.

### **Children's Resources-Hampton Roads, Inc.**