

2551 Alameda Avenue  
Norfolk, VA 23513  
Phone: 858-1360  
858-1397  
858-1399  
Fax: 858-1809  
Website: [www.stopinc.org](http://www.stopinc.org)  
Email: [www.stopincorg/wxz@all.net](mailto:www.stopincorg/wxz@all.net)

A program designed to enable income eligible homemakers and renter's to eliminate air infiltration into their residences in order to reduce the cost of heating and cooling. There is no cost for this service. The program is available all year. Call to request an application. Outreach workers are available to assist you in completing the application. Landlords will be required to show proof of ownership of the building.

**Welcome Wagon**  
245 Newtown Road  
Plainview, NY 11803  
Website: [www.welcomewagon.com](http://www.welcomewagon.com)  
Hours are 8:30 a.m. to 7:00 p.m. Monday –Friday. Organization which welcomes families to their new homes by providing the names of numbers of many beneficial local businesses and services.

**Wise Aluminum Recycling Company, Inc.**  
1435 Air Rail Avenue  
Virginia Beach, VA 23455  
Phone: 460-0923

Hours are 9:00am-12:00pm, Monday; 9:00am-4:30pm, Tuesday-Friday; and 8:30am-3:00pm, Saturday. Agency is a proprietary organization which buys and recycles all aluminum products, also brass and copper.

**World Affairs Council of Greater Hampton Roads**  
P.O. Box 2066  
Virginia Beach, VA 23450  
Phone: 226-1202  
Fax: 226-1206  
Website: [www.hrwapc.org](http://www.hrwapc.org)

A non-profit organization which promotes understanding of global issues through education and public discussion.

## **COUNSELING** **(HUMAN RELATIONS)**

**Barry Robinson Center, The**  
443 Kempsville Road  
Norfolk, VA 23502  
Phone: 455-6266  
Fax: 455-6127  
Website: [www.barryrobinson.org](http://www.barryrobinson.org)

Office hours are 8:30am-5:00pm, Monday through Friday. Services are rendered on a 24-hour per day, seven days per week basis. The center specializes in the following areas: attention-deficit, hyperactivity disorders; depression/anxiety; defiant children/behavioral problems; learning disabilities/school problems; marital/family problems; divorce/step families; drug/alcohol. Affiliated with Children's Hospital of The King's Daughters.

**Catholic Charities of Eastern Virginia, Inc.**  
3804 Poplar Hill Road  
Chesapeake, VA 23320  
Phone: 484-0703  
Fax: 484-1096

Provides marital, family, and individual counseling services.

**Child and Family Services of  
Southeastern Virginia**

Norfolk/Main Office  
222 W. 19<sup>th</sup> Street  
Norfolk, VA 23517  
Phone: 622-7017

Portsmouth Office  
1805 Airline Blvd  
Portsmouth, VA 23707  
Phone: 397-2121  
Fax: 399-3316

Franklin Office  
213 N. College Drive  
Franklin, VA 23851  
Phone: (757) 562-3306  
Fax: (757) 562-7670

Serve individuals and families. Hours are 8:30am-9:00pm, Monday-Thursday; 8:30am-5:00pm, Friday. Provides the following counseling services: family and marriage; consumer credit; individual; unmarried parent; employer; also provides human resource development consultation for business and community organizations and travelers aid. Provides services for the mentally disabled and families of in-country Vietnam veterans.

**Christian Psychotherapy**

Website:  
[www.christianpsychotherapy.com](http://www.christianpsychotherapy.com)

Chesapeake Office  
1417 North Battlefield Blvd. Suite 115  
Chesapeake, VA 23320  
Phone: 312-8002

3580 Forest Haven Lane Suite B

Chesapeake, VA 23321  
Phone: 398-2881

Norfolk Office  
142 York Street  
Norfolk, VA 23510  
Phone: 587-3223

Virginia Beach Office  
281 Independence Blvd. Suite 326  
Virginia Beach, VA 23462  
Phone: 490-0377

A private agency of professionally trained therapists. Licensed by the Commonwealth of Virginia, the staff is composed of dedicated Christians who combine professional skills with a sensitive, Biblical approach.

**Churchland Psychological Center**

3210 Churchland Blvd.  
Chesapeake, VA 23321

2010 Old Greenbrier Parkway  
Chesapeake, VA 23320

Phone: 483-3404  
Fax: 483-0461

Provides psychological and psychiatry services.

**Indian River Psychological**

6477 College Park Square Suite 302  
Virginia Beach, VA 23464  
Phone: 424-100

Provides psychological services.

**Institute for Family Center Services**

Website: [www.ifcsinc.com](http://www.ifcsinc.com)

South East Region  
2001 North Battlefield Blvd. Suite 326  
Chesapeake, VA 23320

Phone: 494-1997  
Fax: 494-1979

Peninsula Region

127 Franklin Street  
Hampton, VA 23669  
Phone: 722-3466  
Fax: 722-7058

An agency dedicated to enhancing family strengths and resources through direct family involvement that preserves the dignity of all families within their community. Staff is available to families on a 24-hour basis, 7 days per week, with sessions determined by the family's schedule - often nights and weekends.

**Jewish Family Service of Tidewater, Inc.**

Administration

260 Grayson Road  
Virginia Beach, VA 23462  
Phone: 321-2222  
Fax: 321-2260  
Website: [www.jsshamptonroads.org](http://www.jsshamptonroads.org)

Provides individual, marital, and family counseling. Also offers a "Christian Cope with Divorce" Program. Hours for programs vary.

**United Methodist Family Services**

715 Baker Road, Suite 201  
Virginia Beach, VA 23462-1002  
Phone: 490-9791  
Fax: 490-0159  
Website: [www.umfforg](http://www.umfforg)

Offers family counseling to the community.

**DETOX FACILITIES**

**Alcohol Abuse**

Phone: 1-800-234-0420 (24 Hour Hotline)

**Crisis Care**

Norfolk, VA 23518  
Phone: 455-0368 (Emergency Line)

**Drug Abuse**

Phone: 1-800-888-9383 (24 Hour Hotline)

**Virginia Beach Recovery Detox Center**

409 Birdneck Circle  
Virginia Beach, VA 23451  
Phone: 437-6260

**EDUCATION**

**Access Tidewater Scholarship Foundation**

P.O. Box 1357  
Norfolk, VA 23501  
Phone: 628-3942  
Fax: 628-3842  
Website: [www.accesscollege.org](http://www.accesscollege.org)

Provides students in the public with inspiring hope that a college education is attainable. Supports them in achieving the requirements for college acceptance and builds them through the college application process. Also assists them in gaining the funds to attend college.

**Adult Learning Center**

4160 Virginia Beach Blvd  
Virginia Beach, VA 23452  
Phone: 473-5091  
Fax: 473-5098  
Website:  
[www.adultlearning.vbschool.com](http://www.adultlearning.vbschool.com)