

Newport News VA 23666  
Phone: 596-3941  
Fax: 596-5051  
Email: [debuelliso@aol.com](mailto:debuelliso@aol.com)

Meets 3<sup>rd</sup> Thursday of each month at  
1:30 p.m. Office hours Monday-Friday-  
8:30a.m.-4:30 p.m.

**James River Convalescent Center**  
540 Aberthaw Avenue  
Newport News, VA 23601  
Phone: 596-2273  
Fax: # specific to service

Meets 2<sup>nd</sup> Friday of each month at 10:00  
a.m.

**Peninsula Agency on Aging**  
739 Thimble Shoals Blvd  
Newport News, VA 23606  
Phone: 873-0541  
Fax: 873-1437  
Website: [www.paainc.org](http://www.paainc.org)

Hours 8:30 a.m. to 5 p.m. Monday  
through Friday. Provides services to  
individuals 60 years of age and older.  
Assists with transportation to medical  
appointments and dining centers. Home  
delivered meals for seniors also  
provided. Information and referral  
services.

**Riverside Adult Day Care**  
1000 Old Denbigh Blvd  
Newport News, VA 23602  
Phone: 875-2033 or 875-2032  
Fax: 877-8430  
Email: [patty.health@rivhs.com](mailto:patty.health@rivhs.com)

#### Poquoson

**Dominion Village at Poquoson**  
531 Wythe Creek Road  
Poquoson, VA 23662

Phone: 868-0335  
Fax: 874-6919

Provide fundraising for Alzheimer's

#### Smithfield

**Magnolia Manor**  
101 John Rolfe Drive  
Smithfield, VA  
Phone: 757 357-0732

Meets 2<sup>nd</sup> Thursday of each month at  
7:30 p.m.

#### Virginia Beach

**Sentara Nursing Center- Virginia  
Beach**  
3750 Sentara Way  
Virginia Beach, VA 23454  
Phone: 306-2700

Meets 2<sup>nd</sup> Thursday of each month at 2  
p.m. to 3:30 p.m.

## **BATTERING/ DOMESTIC VIOLENCE**

**Avalon Center for Women and  
Children**  
P.O. Box 1079  
Williamsburg, VA 23187  
Phone: (757) 258-5022  
Fax: (757) 258-9523  
Website: [www.avaloncenter.org](http://www.avaloncenter.org)

Works to intervene and reduce the  
incidence of domestic violence and  
sexual assault. Provides prevention  
programs in the community and in  
schools. Also works with children of

victims and assist in developing action plans.

**Battered Women**

Phone: 485-3384

Serves battered women. 24 hour hotline. Provides help and emergency response shelter for battered women. Also provides referrals for assistance. Have community support groups in Chesapeake and Portsmouth and legal advocacy for women.

**HER, Inc. (Help and Emergency Response- Shelter)**

P. O. Box 2187

Portsmouth, VA 23702

Phone: 485-1445

Phone: 485-3384 or 393-9449 (24 hour hotline)

Fax: 485-0883

Serves battered women and their children. Provides emergency shelter; also phone assistance to victims of domestic violence. Also provides referrals for assistance. Have community support groups in Chesapeake and Portsmouth and legal advocacy for women.

**Mt. Pleasant Clinical Associates**

229 Mt. Pleasant Road

Chesapeake, VA 23320

Phone: 482-1075

Fax: 547-3591

Offers an individual treatment programs for victims and abusers.

**Transitions Family Violence Service**

240 Chapel Street

P. O. Box 561

Hampton, VA 23669

Phone: 722-2261

Phone: 722-7774 (Hotline)

Website: [www.transitionsfvs.org](http://www.transitionsfvs.org)

Serves resident of Hampton, Newport News, Poquoson and York County. Provides 24-hour hotline; support and advocacy; information and referral; emergency shelter; children's programs; counseling and support groups; support groups and art therapy for children from violent homes; volunteer opportunities; student internships and practicum placements; community education; speaker's bureau; donations; reach; and employment education.

**Virginians Against Domestic Violence (VADV)**

2850 Sandy Bay Road

Williamsburg, VA 23185-2362

Phone: 221-0990

or 1-800-838-8238 (Hotline)

Fax: 229-1553

Website: [www.vadv.org](http://www.vadv.org)

Virginians Against Domestic Violence is dedicated to the empowerment of battered women and their children, and therefore committed to the elimination of personal and societal violence in the lives of women.

**Women In Crisis (YWCA)**

2215 Colley Avenue

Norfolk, VA 23508

Phone: 625-4248

Fax: 625-1946

Email: [ywcaofshr@yahoo.com](mailto:ywcaofshr@yahoo.com)

Serves adults. Provides a support group to those who have been battered or who have battered. Group meets Wednesday from 6:00pm.-8:00pm. Childcare available. YWCA on Colley provides shelter to abused women and children. The facility has about 40 beds.

**Young Women's Christian  
Association (YWCA) of South  
Hampton Roads**

5215 Colley Avenue  
Norfolk, VA 23508  
Phone: 625-1946

Website: [www.ywca-shr.org](http://www.ywca-shr.org)

Serves community. Hours are 9:00am-5:00pm, Monday-Friday. 24 hour shelter. Offers counseling/sexual assault support groups to domestic violence victims; career development programs; before/after school care. Committed to empowering women and to eliminating racism.

## **BEREAVEMENT/**

### **WIDOWED PERSONS**

**American Guild for Infant Survival  
Tidewater Chapter**

American Guild for Infant Survival  
Tidewater Chapter  
536 Aragona Blvd  
Virginia Beach, VA 23462  
Phone: 463-3845  
Website: [www.sids-supportguild.com](http://www.sids-supportguild.com)  
Email: [asgisinc@yahoo.com](mailto:asgisinc@yahoo.com)

A support group for those who have lost infants to SIDS. Meets the 1<sup>st</sup> Thursday of every month at 7:30 p.m. Call for additional information.

**Bereaved Parents Support Group**

Children's Hospital of the King's  
Daughters  
601 Children's Lane  
Norfolk, VA 23507  
Phone: 668-7129  
Fax: 668-9770  
Website: [www.ekeever@chkd.org](http://www.ekeever@chkd.org)

A support group for parents who have lost a child. Meeting may vary, call for information. New group is offered quarterly.

**Bereaved Siblings Support Group**

Edmarc Hospice Offices  
3728 Profit Way  
Chesapeake, VA 23328  
Phone: 967-9251  
Fax: 967-9124  
Website: [www.edmarc.org](http://www.edmarc.org)  
Email: [edmarc@edmarch.org](mailto:edmarc@edmarch.org)

A support group for children who have experienced the death of a brother or sister. Meets the 3<sup>rd</sup> Monday of every month from 5:30pm.to 7:15 pm. Please call prior to attending. A light supper is served during the group time.

**Bereavement Support Group**

Maryview Medical Center  
3636 High Street  
Portsmouth, VA 23707  
Phone: 398-2452  
Fax: 399-8594

A support group for those who have lost loved ones. New group may vary every other month. Four sessions in the month starting at 7:00pm. Pre-registration not necessary; no fee.

**Bereavement Support Group**

Sentara Virginia Beach General Hospital  
1060 First Colonial Rd.  
Virginia Beach, VA 23454  
Phone: 549-5652  
Website: [www.sentara.com](http://www.sentara.com)

A support group for those who have lost a loved one. Telephone referrals, walk-ins welcome every month. Meets 2<sup>nd</sup> Thursday of every month at 9:30 a.m. to 11:00 a.m.